Basketball Handbook
Welcome to MBBC Basketball 2010

Congratulations on being selected to represent Moreton Bay Boys’ College in Basketball this season in the CIC Competition.

The College encourages boys to explore their diverse skills, talents and interests, to help them develop their full potential.

Representing your school is a big commitment, but one which will provide you with a vast array of competencies, from team work to developing quality relationships, planning and organisation, meeting expectations, growing independence and the opportunity to live the school spirit.

Enjoy your Basketball season!

Dr Roderick Crouch
Principal

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Coordinator and Managers contact details

Basketball Coordinator: Mr Jack Pincott
Contact: email pincottj@mbbc.qld.edu.au or mobile 0401 694509

<table>
<thead>
<tr>
<th>Name</th>
<th>Team</th>
<th>Contact Number</th>
<th>Email address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Helen Nafranowicz</td>
<td>7A</td>
<td>3906 9444</td>
<td><a href="mailto:nafranowicz@mbbc.qld.edu.au">nafranowicz@mbbc.qld.edu.au</a></td>
</tr>
<tr>
<td>Ms Cara Ryan</td>
<td>7B</td>
<td>3906 9444</td>
<td><a href="mailto:ryan@mbbc.qld.edu.au">ryan@mbbc.qld.edu.au</a></td>
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<tr>
<td>Ms Mary Youngman and Mr Scott Ward</td>
<td>6A</td>
<td>3906 9444</td>
<td><a href="mailto:youngman@mbbc.qld.edu.au">youngman@mbbc.qld.edu.au</a> <a href="mailto:wards@mbbc.qld.edu.au">wards@mbbc.qld.edu.au</a></td>
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<td>3906 9444</td>
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<td>3906 9444</td>
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</tr>
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The Combined Independent Colleges (CIC)

CIC Sports stands for The Combined Independent Colleges Sporting Association. CIC Sport is the main sports program in the primary school at MBBC, using a home and away structure to administer sports. The competition is built around a participation philosophy and as a result there are no finals or premiers. The CIC Sporting Association was established to allow private boys schools within Brisbane (and surrounds) to participate in a friendly sporting competition.

CIC Basketball Training and Games

All training will be held at Wynnum Central State School. Students are to arrive prior to 7:00 am in readiness for training. Students will be transported to MBBC at the completion of training by the MBBC Bus.

Please note the timetable below is subject to change. All changes will be made through the CIC Basketball Newsletter and updated via the ‘2010 Basketball Training Timetable’ document on the MBBC website.

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>7:00am to</td>
<td>Year 7 Basketball teams</td>
<td></td>
<td>Year 5 and Year 6 basketball teams</td>
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<td>7:50am</td>
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</table>

Home Games means:

- Year 5 and 7 teams play at a MBBC venue
- Year 6 play at the opposition venue
Away Games means:

- Year 5 and 7 teams play at an opposition venue
- Year 6 play at a MBBC venue

### Draw times and venues

<table>
<thead>
<tr>
<th>Round</th>
<th>Opposition</th>
<th>Date</th>
<th>Teams Home / Away</th>
<th>Venue</th>
<th>Score</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>BBC</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>NC</td>
<td>31 July 2010</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>BGS</td>
<td>7 August 2010</td>
<td></td>
<td></td>
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<tr>
<td>4</td>
<td>ACGS</td>
<td>14 August 2010</td>
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<td>5</td>
<td>TSS</td>
<td>21 August 2010</td>
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</tr>
<tr>
<td>6</td>
<td>PAD</td>
<td>28 August 2010</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>SLC</td>
<td>4 September 2010</td>
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</tbody>
</table>

### CIC Basketball Equipment

Basketballs and training equipment will be provided, however, you are welcome to bring your own basketball.

### Selection and Commitment

Selection into the CIC basketball team means you are required to live up to certain expectations

- Attend all Friday night competitions
- Attend all training sessions
- Seek permission from your coach and manager if you cannot meet the above commitments
- Support your team mates
- Represent your school at all times with integrity.
- If you do not attend a training session or game, provide a note from your parent excusing your non-attendance.

### Player expectations

- It is unacceptable to abuse or curse any other player, or the umpire, on or off the field. Players not heeding this rule will be immediately removed from the match.
- You should inform your coach as soon as possible via phone and email should you be unable to attend training or a game. Passing a message on through a team mate is unacceptable.
• Show good sportsmanship on and off the field, whether you win, draw or otherwise.
• Respect school property.

Playing uniform

• MBBC Basketball Singlet (hired from MBBC)*
• MBBC Basketball Shorts
• MBBC Sport Socks.

* The MBBC basketball shorts are available for purchase from the MBC Uniform Shop. These are to be worn with the College sport socks and non marking shoes. The MBBC basketball singlet is available for hire. The cost for the season is $30. Coaches will assign team members their uniform numbers. However parents please note, that, at the conclusion of the season, should a singlet not be returned in good order, your school account may be charged with its replacement cost.

Payment of this hire charge is made using the payment slip on the selection letter. Copies of this letter can be obtained from the administration office at MBBC.

All playing uniform clothing is available at the Moreton Bay College Uniform Shop, Wondall Road, Manly West (opening times are listed below).

Term Time: Monday - Thursday 7:30 am to 4:00 pm
Friday 7:30 am to 10:00 am

Contact: (07) 3249 9397  fax (07) 3907 5796
Website: Moreton Bay College

Each Basketball team will be provided with a Basketball kit. Students are permitted to bring their own playing equipment, however personal equipment must be clearly marked with their name and MBBC.

CIC Basketball By-Laws

The 2010 CIC Basketball By-Laws can be downloaded from the MBBC Website Moreton Bay Boys’ College.

Competition and training cancellations

Call the MBBC Wet Weather Line – 3906 9450 after 6:30am. If the line has not been updated, please assume training or competitions are continuing as planned.

Transport

It is the responsibility of boys, through their parents and/or carers, to organise their own transportation to all training venues and to and from basketball competition venues.

Please ensure you have adequately anticipated the time required to reach each venue, and arrive well in advance of your game.

Boys are permitted to depart the venue, with adult supervision, when their game has been completed.
Breakfast at the Tuckshop

Students are encouraged to have breakfast after their training session. A limited selection of breakfast items are available to purchase and for students wishing to utilise the MBBC Tuckshop can order over the counter.

Photographs

Managers and coaches will take photographs of the athletes throughout the season for weekly newsletters and the MBBC Yearbook - MIRROR. Parents and spectators are also encouraged to take photographs and submit these to Mr Pincott. Please ensure you provide a caption of the people in the photograph or details of the subject (for example. The 7B teams first basket of the season).

Sports Awards Night

Each team member is recognised annually at the College Sports Awards Night.

Categories are as follows:

- Best and Fairest – the player who made the most positive contribution to the season by basketball performance and sportsmanship.
- Most Improved – the player who demonstrated the greatest improvement in skills over the course of the season.

Weekly Newsletter

The MBBC weekly newsletter will feature game reports, training times, game draws, training tips and other relevant information. This newsletter is emailed to all families and updated onto the MBBC website www.mbbc.qld.edu.au each Tuesday afternoon.

My results

Please record your team and personal scores in the table below.

<table>
<thead>
<tr>
<th>Round</th>
<th>Opposition</th>
<th>MBBC Score</th>
<th>Opposition Score</th>
<th>My Batting Score</th>
<th>My Bowling Figures</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>BBC</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>NC</td>
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<td>3</td>
<td>BGS</td>
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<tr>
<td>4</td>
<td>TSS</td>
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<tr>
<td>5</td>
<td>PAD</td>
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</tbody>
</table>
CIC Code of Behaviour

PLAYERS

→ You should play your sports for the good health they promote, the enjoyment of being involved in sporting activities with your friends, and for the satisfaction that comes from doing your best, which will mean accepting victory and defeat in the same, well-balanced manner.

→ You should learn the rules of your sport as best you can. Regardless of whether you agree or not, decisions by officials, umpires, referees and selectors should be accepted with equal and due respect.

→ Remember that any poor sporting behaviour reflects badly on you, your parents, your coaches and your school. Copy only the good behaviour of well-known sporting figures.

→ There is never any excuse for bad language whether at training or when playing.

→ Give your teachers, coaches, parents, spectators and officials the respect and thanks they deserve for training you, supporting you, transporting you and generally making your sport possible.

TEACHERS AND COACHES

→ Each student should not be expected to give more than a reasonable time each week to training so that a proper balance is maintained in respect of time allocated to study, religious activities, boarding school or home duties, cultural enjoyment and social activities.

→ Every opportunity afforded by competitive games should be grasped to encourage the social growth of competitors. In this respect all the courtesies should be observed: teams must be punctual and well turned out; the home team should receive the visiting teams in a warm and helpful manner and the courtesies of the particular sport should apply.

→ Create opportunities to teach good sporting behaviour and the concept of fair play. An awareness in players of the responsibilities and the implications of the freedom to choose between fair and unfair play is essential. Breaches of good sporting behaviour should never be ignored.

→ The awareness of the rules of the games, and their observance, is vital for the good order of games.

→ Develop team respect for the ability of opponents, as well as for the judgement of officials and opposing coaches.

→ Encourage the development of a sense of achievement that comes from an increasing degree of mastery of complex skills and tactics.

→ Remember that competitive games are for enjoyment and that winning is only part of the process.

→ Ensure that efforts for both skill improvement and good sporting behaviour are rewarded by praise. Players need a coach they can respect, so set a good example.

→ Make a personal commitment to keep yourself informed on sound coaching principles and the principles of growth and development of students of all ages. The scheduling and length of practice times and competitions should take into account the maturity level of players.

→ Encourage awareness of the physical fitness value of sports and their life-long recreational benefit.

→ Support all efforts to ensure that there is no verbal or physical abuse in CIC sporting activities.

→ Control comments made in moments of high tension.
PARENTS AND SPECTATORS

While the CIC warmly encourages the full and wholehearted support of parents and other supporters, you are reminded that the competitive games the children play are organised for their benefit and enjoyment.

Encourage children always to play by the rules and their interpretation. The good example you set by respecting the decisions of officials can do much to support this. The use of profane language or the harassment of players, coaches and officials does nothing to support the spirit of games, and is condemned by the CIC.

Inculcate in children the virtue of honest effort as being as important as winning so that the result of each game is accepted without undue disappointment.

Your promotion of the ideals of good sporting behaviour and a sense of fair play will only maximise the enjoyment the children derive from playing competitive games. Applaud good play by the team you support and by members of the opposing team.

Recognise and support the value and importance of coaches. They give of their time and resources to provide recreational activities for your child. Vindictive criticism of coaches damages the player/coach relationship and may destroy the good we seek to achieve.

Any breach of good sporting behaviour by, or apparent complaint against any official of another CIC school should only be voiced through your school administration on a Principal to Principal basis.

July 2010