Welcome to MBBC Rugby 2010

Congratulations on being selected to represent Moreton Bay Boys’ College in Rugby this season in the CIC Competition.

The College encourages boys to explore their diverse skills, talents and interests, to help them develop their full potential.

Representing your school is a big commitment, but one which will provide you with a vast array of competencies, from teamwork to developing quality relationships, planning and organisation, meeting expectations, growing independence and the opportunity to live the school spirit.

Enjoy your Rugby season!

Dr Roderick Crouch
Principal

Table of Contents

- Coach and Managers contact details
- The CIC
- Selection and Commitment
- Training
- Player Expectations
- Uniform
- Draw times and venues
- CIC Cricket By-Laws
- Competition and training cancellations
- Transport
- Tuckshop
- Photographs
- Sports Awards Night
- Weekly Newsletter Article
- My results
- CIC Code of Behaviour
  - Players
  - Teachers and Coaches
  - Parents and Spectators
Coach and Managers contact details

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Contact Number</th>
<th>Email address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mr Des Schinkel</td>
<td>Coach – 7A</td>
<td>3906 9444 0407 969676</td>
<td><a href="mailto:schinkeld@mbbc.qld.edu.au">schinkeld@mbbc.qld.edu.au</a></td>
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<td>Ms Mary Youngman</td>
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The Combined Independent Colleges (CIC)

CIC Sports stands for The Combined Independent Colleges Sporting Association. CIC Sport is the main sports program in the primary school at MBBC, using a home and away structure to administer sports. The competition is built around a participation philosophy and as a result there are no finals or premiers. The CIC Sporting Association was established to allow private boys schools within Brisbane (and surrounds) to participate in a friendly sporting competition.

Selection and Commitment

In 2010, any student who wants to play rugby will be placed in a team. However, to continue enrolment in that team he will need to attend all training sessions and games.

Your selection into a CIC Rugby team means that you as a student are required to meet certain expectations.

- Attend all Saturday morning competitions. Game time is one hour and will be played between 7:30 am and 12:00 pm. All players are required to arrive at least 30 minutes prior to kick-off for a warm-up.
- Attend all training sessions
- Seek permission from your Coach if you cannot meet the above commitments
- Support your team mates
- Read and familiarise yourself with the CIC By-Laws found on the MBBC website Moreton Bay Boys’ College
- Represent your school at all times with integrity.
CIC Rugby Training

Competitive matches will be played on Saturdays for one hour between 7:30 am to 12:00 pm. The playing time and venue will be made available in the week leading up to the game in the Rugby Newsletter. Students are to arrive 30 minutes prior to kick off for warm-up.

The timetable below indicates the training times for each team.

<table>
<thead>
<tr>
<th></th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 am to 8:00 am</td>
<td>Year 6A (Elanora Park)</td>
<td>Year 5A and 7A (Elanora Park)</td>
<td>Game Day Games start between 7:30 am and finish by 12:00 pm.</td>
<td></td>
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</table>

Please note:
- All training sessions will be held at Elanora Park, Granada Street, Wynnum. Students are to be dropped off at 6:55 am so that training can begin at 7:00 am sharp.
- Transport will be provided for students to MBBC at the completion of training via the MBBC Bus.

Player expectations

- It is unacceptable to abuse or curse any other player, or the umpire, on or off the field. Players not heeding this rule will be immediately removed from the match.
- Should you be unable to attend a training session or match, you are to inform your coach as soon as possible via phone and email. Passing a message on through a team mate is unacceptable
- Wear the appropriate Rugby uniform to training and competition games
- Respect school property.

Playing uniform

Year 5 – 7
- MBBC Rugby Jersey
- MBBC Rugby Shorts
- MBBC Rugby Socks
- Boots
- Mouthguard (compulsory)
- Headgear (optional)

All playing uniform clothing is available at the Moreton Bay College Uniform Shop, Wondall Road, Manly West (opening times are listed below).

Term Time: Monday - Thursday 7.30am to 4pm  Friday 7.30am to 10am
Telephone: (07) 3249 9397  Facsimile: (07) 3907 5796
Website: Moreton Bay College
Draw times and venues

<table>
<thead>
<tr>
<th>Round</th>
<th>Opposition</th>
<th>Date</th>
<th>Home / Away</th>
<th>Venue</th>
<th>REF</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>BBC</td>
<td>Sat 1 May</td>
<td>Home</td>
<td>Elanora Park</td>
<td>UBD Map 143 G14</td>
</tr>
<tr>
<td>2</td>
<td>NC</td>
<td>Sat 8 May</td>
<td>Home</td>
<td>Elanora Park</td>
<td>UBD Map 143 G14</td>
</tr>
<tr>
<td>3</td>
<td>BGS</td>
<td>Sat 15 May</td>
<td>Away</td>
<td>TBA</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>TSS</td>
<td>Sat 22 May</td>
<td>Home</td>
<td>Elanora Park</td>
<td>UBD Map 143 G14</td>
</tr>
<tr>
<td>5</td>
<td>PAD</td>
<td>Sat 29 May</td>
<td>Away</td>
<td>TBA</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>SLC</td>
<td>Sat 5 June</td>
<td>Away</td>
<td>TBA</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>ACGS</td>
<td>Sat 12 June</td>
<td>Away</td>
<td>TBA</td>
<td></td>
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</table>

On Game Day, all Rugby players are expected to **arrive at the correct venue 30 minutes prior** to kick off for warm-up.

CIC Rugby By-Laws

The 2010 CIC Rugby By-Laws can be downloaded from the MBBC Website [Moreton Bay Boys’ College](#).

Competition and training cancellations

Call the MBBC Wet Weather Line – 3906 9450 after 6:30 pm. If the line has not been updated, please assume training or competitions are continuing as planned.

Transport

It is the responsibility of boys, through parents or carers, to organise their own transportation to and from Competition and training venues.

Please ensure you have adequately anticipated the time required to reach each venue well in advance of your race.

Boys are permitted to depart the venue when their races are completed, however please notify a member of staff prior to departure.
Breakfast at the Tuckshop

Students are encouraged to have breakfast after their training session. A limited selection of breakfast items are available to purchase and for students wishing to utilise the MBBC Tuckshop can order over the counter.

Students are encouraged to place their order the day before to ensure they can purchase their preferred breakfast.

Photographs

Managers and coaches will take photographs of the athletes throughout the season for weekly newsletters and the MBBC Yearbook - MIRROR. Parents and spectators are also encouraged to take photographs and submit these to Mr Pincott.

Please ensure you provide a caption of the people in the photograph or details of the subject (eg. “NAME tackling SCHOOL”).

Sports Awards Night

Each team is recognised annually at the MBBC Sports Awards Night. Categories are as follows:

→ Best and Fairest – the player who made the most positive contribution to the season by cricketing performance and sportsmanship.
→ Most Improved – the player who demonstrated the greatest improvement in skills over the course of the season.

A procedure of selecting the players for these awards is developed by each coach and kept confidential until the Sports Awards Night.

Rugby Newsletter

A Rugby Newsletters will be published on the MBBC Website by Tuesday 4:00 pm after each round of sport. The newsletter will feature game reports, training times, game draws, training tips and other relevant information.

My results

Please record your team and personal scores in the table below.

<table>
<thead>
<tr>
<th>Round</th>
<th>Opposition</th>
<th>MBBC Score</th>
<th>Opposition Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>BBC</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>NC</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
CIC Code of Behaviour

PLAYERS
→ You should play your sports for the good health they promote, the enjoyment of being involved in sporting activities with your friends, and for the satisfaction that comes from doing your best, which will mean accepting victory and defeat in the same, well-balanced manner.
→ You should learn the rules of your sport as best you can. Regardless of whether you agree or not, decisions by officials, umpires, referees and selectors should be accepted with equal and due respect.
→ Remember that any poor sporting behaviour reflects badly on you, your parents, your coaches and your school. Copy only the good behaviour of well-known sporting figures.
→ There is never any excuse for bad language whether at training or when playing.
→ Give your teachers, coaches, parents, spectators and officials the respect and thanks they deserve for training you, supporting you, transporting you and generally making your sport possible.

TEACHERS AND COACHES
→ Each student should not be expected to give more than a reasonable time each week to training so that a proper balance is maintained in respect of time allocated to study, religious activities, boarding school or home duties, cultural enjoyment and social activities.
→ Every opportunity afforded by competitive games should be grasped to encourage the social growth of competitors. In this respect all the courtesies should be observed: teams must be punctual and well turned out; the home team should receive the visiting teams in a warm and helpful manner and the courtesies of the particular sport should apply.
→ Create opportunities to teach good sporting behaviour and the concept of fair play. An awareness in players of the responsibilities and the implications of the freedom to choose between fair and unfair play is essential. Breaches of good sporting behaviour should never be ignored.
→ The awareness of the rules of the games, and their observance, is vital for the good order of games.
→ Develop team respect for the ability of opponents, as well as for the judgement of officials and opposing coaches.
→ Encourage the development of a sense of achievement that comes from an increasing degree of mastery of complex skills and tactics.
→ Remember that competitive games are for enjoyment and that winning is only part of the process.
→ Ensure that efforts for both skill improvement and good sporting behaviour are rewarded by praise. Players need a coach they can respect, so set a good example.
→ Make a personal commitment to keep yourself informed on sound coaching principles and the principles of growth and development of students of all ages. The scheduling and length of practice times and competitions should take into account the maturity level of players.

→ Encourage awareness of the physical fitness value of sports and their life-long recreational benefit.

→ Support all efforts to ensure that there is no verbal or physical abuse in C.I.C. sporting activities.

→ Control comments made in moments of high tension.

PARENTS AND SPECTATORS

→ While the C.I.C. warmly encourages the full and wholehearted support of parents and other supporters, you are reminded that the competitive games the children play are organised for their benefit and enjoyment.

→ Encourage children always to play by the rules and their interpretation. The good example you set by respecting the decisions of officials can do much to support this. The use of profane language or the harassment of players, coaches and officials does nothing to support the spirit of games, and is condemned by the C.I.C.

→ Inculcate in children the virtue of honest effort as being as important as winning so that the result of each game is accepted without undue disappointment.

→ Your promotion of the ideals of good sporting behaviour and a sense of fair play will only maximise the enjoyment the children derive from playing competitive games. Applaud good play by the team you support and by members of the opposing team.

→ Recognise and support the value and importance of coaches. They give of their time and resources to provide recreational activities for your child. Vindictive criticism of coaches damages the player/coach relationship and may destroy the good we seek to achieve.

→ Any breach of good sporting behaviour by, or apparent complaint against any official of another C.I.C. school should only be voiced through your school administration on a Principal to Principal basis.