YEAR 5 CAMP 2011

Teachers attending:  Ms Lisa Hocking
Mr Gavin Henderson
Mr Stephen Box

Dates:  Wednesday 9 February to Friday 11 February 2011

Location:  Moreton Island Adventures
Moreton Island, departing from the MiCat Ferry Terminal
Port of Brisbane, Lytton Road.

Emergency numbers:
During school hours:  3906 9444  MBBC Administration
After school hours:  0419 793 628  Assistant Principal

Transport
* Travelling by private car. Student transportation to and from the Terminal is the responsibility of the individual families.

Departing MiCat Ferry Terminal at:  8:15 am (please arrive by 7:45 am) Wednesday 9 February
the Ferry sails at 8:30 am sharp so don’t be late.

Departing Moreton Island at:  3:30 pm on Friday 11 February

Arrive back at Ferry Terminal at:  5:00 pm

Timeline

Permission form and medical form to be returned to class teacher  by Friday 28 January
copy of medical and permission form attached.

Ensure forms have been received by class teacher (diary signed)  by Monday 31 January

Ensure items are purchased for camp - sleeping bag, suitable footwear
ideally before 6 February

Pack for camp (don’t forget wet weather gear and warm clothing)
ideally by 7 February

Departure for Camp from Ferry Terminal (don’t be late)  8:15 am on Wed 9 Feb

Return from Camp  5:00 pm on Fri 11 Feb
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OVERVIEW

Moreton Bay Boys' College strives to be a leading school that offers its boys an innovative, broadly based educational experience. Our philosophy is built on the foundation of Christian values and aims to develop each boy's individual abilities, equipping them with the skills necessary to be successful, productive and responsible members of society (MBBC Strategic Plan: 2007—2011)

The developmental program of outdoor education opportunities available to students at Moreton Bay Boys' College supports the vision and aims of the College. Camp is a wonderful experience for all students and provides opportunities for personal growth and challenges as well as forging new friendships and creating great memories.
YEAR 5 CAMP AIMS

Moreton Island is a pristine natural landscape that offers the best of both land and sea environments. With natural spring and rainwater lagoons, saltwater coves, protected sand dunes, national park bushwalks, a stunning array of flora and fauna and a strong cultural heritage that respects its own history. Moreton Island is a haven for students. They will be inspired to learn whilst retaining that element of fun. It is as far removed from the world of iPods, iPhones and iPads as it can be.

Moreton Island Adventures (MIA) are specialists in the field of outdoor educational camps for students. They have hosted more than 35,000 students since 1999 and are proud of the great reputation they have earned. Through the expertise and knowledge gained over many years of facilitating educational camps on Moreton Island, their staff have gained an in-depth understanding of today’s students, their fears, and concerns and understand the necessity to address individual requirements in a caring and supportive manner.

The core values of Moreton Island Adventures Educational camps are:

- To gain an understanding and appreciation of Moreton Island’s natural environment
- To ensure each student achieves personal development through being challenged at their own pace
- To promote teamwork, leadership, goal setting and achievement
- To enjoy, share and have fun.

EXPECTATIONS

Students

At all times, students are expected to adhere to the College Code of Conduct. The College has high expectations of the conduct and behaviour of students whilst on camp and representing the College.

Students are expected to:

- Follow all directions and respect the position of teachers and supervisors in charge of the group.
- Act responsibly at all times whether with the entire group or separated from supervision.
- Follow all regulations and codes specified by the camp facilitators.
- Be respectful, courteous and just to others and to respect property - especially in the Moreton Island National Park.
- Communicate openly and seek to build and maintain positive relationships with peers, MBBC staff and camp staff.
- Make the most of the educational opportunities offered by the camp experience.

Parent Helpers

Parent helpers are not required for the Year 5 Camp.
ACTIVITIES TO BE UNDERTAKEN ON CAMP

Below is a list of some of the possible activities that may be undertaken during the course of the camp. A very important part of any school camp on Moreton Island is that all activities are subject to weather conditions. Student safety is of the upmost importance and changes in daily itineraries will be at the discretion of the MIA Educational Tour Leader.

Sandboarding
Students are transported to The Desert where they participate in this fun activity. Upon arrival they will walk up the dunes, learn about their formation and are shown by MIA guides how to sandboard safely. In the interest of safety, students are supervised at all times.

Snorkelling
Students are taken on a guided snorkelling tour of The Wrecks. Prior to entering the water MIA guides will take students through safety procedures. All equipment is provided for this activity including buoyancy aides, full length wet suits and float boards for those who are not strong swimmers. This is one of our most popular activities and our operators are fully accredited and insured.

Cape Moreton Lighthouse
Students will be transported by bus to the Cape Moreton Lighthouse area. During their visit they will be told about the history of the lighthouse, how it was built and they will visit the QPWS Information Centre where they will gain more insight into the Island and its history. They will walk around to Cape Moreton Lookout where they will see spectacular views from the Cape and at the right time of year, whales and dolphins, turtles and possibly mantra rays.

Blue Lagoon
South of Cape Moreton Lighthouse is an area where the dunes have formed natural catchments for rainwater. This is a place of tranquil marshes, teeming wildlife, deep lakes, tangled heath lands, wild flowers and bungwall fern. Blue Lagoon, one of the largest of the islands largest fresh water lakes, is filled with crystal clear water and ringed by pure white sand. Students will be taken to the area by bus where they can enjoy a swim in this beautiful natural lagoon.

Mt Tempest Walk
Mount Tempest is the highest sand dune on the Island and is also the highest vegetated sand hill in the World with the peak approximately 285m above sea level. It is a challenging walk to the top with superb 360° views.

Tidal Flats
Students are taken on a tour of the tidal flat to explore the local marine life including thousands of soldier crabs. Students are provided with equipment such as fishing nets and yabbie pumps to enhance their experience. Providing students with an ideal experience in which to interact with and touch marine life they wouldn’t normally see on the mainland.

Beach Activities
MIA own a number of items for beach activities including beach volleyball, cricket, footballs, and a thick rope for Tug-of-War games.
EQUIPMENT CHECKLIST AND PACKING LIST

Please note items such as money, radios, mobile phones, aerosols, chewing gum, lollies and electronic games, iPods and MP3 players are NOT to be taken on camp. The Eco Village is powered by solar energy. Therefore iPods, iPads, iPhones, game consoles, hairdryers and hair straighteners are not permitted.

Items to be packed (it helps to tick as you pack)

1 sleeping bag
1 pillow with pillowcase and pyjamas
Cutlery and crockery: dinner plate, bowl, mug, cup, knife, fork, spoon x2 (clearly marked)
3 sets of clothes for outdoor activities (board shorts/shorts/ T shirts)
2 sets of very old clothes (will get wet and muddy)
1 pair of old closed in shoes (will get wet and muddy)
1 pair of sandshoes for outdoor activities
3 strong plastic bags (for storing wet or dirty clothes)
2 sets of warm clothing for evenings (jumper and tracksuit pants)
Underwear and socks for 3 days
Swimming togs and sunshirt
2 towels for shower and swimming and a tea towel for washing up
Thongs for showers
1 soap & container and washer
1 comb/ brush
1 toothpaste/ toothbrush
Shampoo
Sunscreen
1 hat with wide brim
Drink bottle for water
Tissues or handkerchief
Insect repellent
Raincoat
4 pegs (to hang up wet clothes)
Book to read and notebook and pencil

Please ensure all items are clearly marked with your son’s name.
ACCOMMODATION
Moreton Island Adventures (MIA) own and operate dormitory and camping accommodation at the township of Bulwer. It is within walking distance of the beach and offers catering, showers and bathroom facilities on site. It is clean and versatile for large or small groups.

Accommodation camping is in bush camps which are set up in designated areas, primarily Comboyuro Point and Blue Lagoon. MIA offer a full suite of camping needs including all equipment and food and beverage and will set up and pull down all sites.

MBBC will be camping at the Comboyuro Point camp site for this 2 night camp. However if the weather is extremely inclement, dormitory accommodation may be utilised.

CATERING
MIA offers an extensive menu that is nourishing, satisfying and nutritious to curb even the most ravenous appetites. A fully cooked hot breakfast and dinner are on offer each day with morning and afternoon teas and a picnic lunch in between. Students who have specific dietary requirements are easily catered for and should specify their requirements on the attached MBBC medical, dietary and permission form.

TABLE MANNERS AND ETIQUETTE
• Wait until everyone is seated before you begin to eat.
• Place your napkin on your lap.
• Learn to use a knife and fork correctly.
• Chew with your mouth closed and keep your elbows off the table.
• Don’t reach across other people or things. Ask someone to ‘please pass’ it to you.
• If you don’t like what is being served, simply say ‘No thank you’, but remember that Camp is an opportunity to try new things, and a small serving of new foods is encouraged.
• When you have finished eating, place your utensils on your plate and napkin beside your plate.
• Ask to be excused before you leave the table.
• ‘Seconds’ may be offered, but please be patient and ensure that everyone has enjoyed their meal, then wait to be invited for a second serving.
• Help in clearing the table.
• Learn to make pleasant table conversation.
• Take the time to show your appreciation to those people who prepared the meal.
• If you have time, always offer to help with the washing up!

AT THE END OF CAMP
• Be responsible for your belongings
• Any wet clothing should be packed into plastic bags, prior to being packed into your bag
• Help in cleaning the accommodation and account for any lost property
• Assist others where you can to ensure a prompt departure
• Thank the camp facilitators with a personal comment as to your positive experiences while on camp
• Take the time to personally thank the accompanying MBBC and MIA staff.
• Ensure you (or your parents) collect any medication from staff prior to leaving College.
• Parents are asked to encourage their sons to reflect on his camp experience and share the positive experiences he had.

CAMP RULES AND RISK ASSESSMENT

MIA has rules designed to ensure that everyone has a safe and happy experience on Moreton Island. MIA reserves the right to send home any student who is deemed to be behaving inappropriately either on the vessel or on the Island.

It is imperative that students behave appropriately onboard the MICAT in the interest of safety and the comfort of the other passengers on board and respect the wildlife and floral and fauna of Moreton Island.

• Students are not permitted to have cigarettes, alcohol and other drugs.
• No plant life is to be destroyed
• There is a septic toilet system on site. No foreign items or any kinds are to be flushed down any of the toilet
• Graffiti of any kind will incur a penalty
• Fire Extinguishers are to be used only for fires, improper use will incur a penalty
• No open fires are permitted on the site
• No noise after 10:00 pm - lights out at 10:30 pm
• All music and loud speakers is to be kept to a reasonable level.
• Smoking is not permitted in any of our accommodation facilities
• Please respect all equipment provided by us for your use. Any equipment damaged during use will be repaired or replaced at the cost to the College and/or individual.

Operating procedures and Risk Management assessments for activities to be undertaken while on camp can be found on the Moreton Island Adventures website. Alternatively, please contact the administration office if you require further information.

The teachers will brief the students on any other risks involved (e.g. sun safety, safe bus travel) in preparation for the camp.
Year 5 Camp Medical and Permission Forms 2011

Student Details
Surname ___________________________ Given Name _______________________
Date of Birth __________________ Year Level/Class _______________________

Medicare/Health Insurance
Medicare Number __________________ Position on Card ______________________

Doctor Details
Doctor’s Name __________________ Phone number _______________________
Medical Centre __________________

Emergency Contacts whilst on Camp
(These can include parents)

1. Name
Relationship to student __________________ Home number ______________________
Work number __________________ Mobile number ______________________

2. Name
Relationship to student __________________ Home number ______________________
Work number __________________ Mobile number ______________________

Please complete this medical form and ensure you sign the permission slip on the back page tear-off section.

An Action Plan must be attached to this form if your son requires any medication during Camp. Two sets of medication should be taken to Camp - one for teaching staff and one for the student. Ailment, medicine and dosage should be clearly stated on the tear-off section end of this form which is to accompany all medication taken to Camp.
### Medical Information

Does your son have any of the following?:

1. **Asthma**
   - If yes, please complete the following:
   - Medication/preventer/reliever taken for asthma
     - How often is medication required?
   - Please list known triggers:

   Does your son have an action plan for asthma?
   - If yes, please attach a copy

2. **Has your son at any time in the past suffered from the following:**
   - An anaphylactic reaction
     - *(Emergency situation - severe breathing difficulties, localised swelling of body)*
   - A systemic reaction
   - A localised reaction (rash/itching/swelling)
   - Does your son require adrenalin (EpiPen) for his allergy?
   - What other medication, if any, does your son take for the prevention or management of his allergic reaction?

3. **Does your son have diabetes?**
   - If yes, please provide details and attach a management plan

4. **Does your son have epilepsy?**
   - If yes, please provide details and attach a management plan

5. **Has your son had any recent illnesses, operations or serious accidents?**
   - If yes, please provide details:

6. **Does your son have any other medical condition?**
   - If yes, please provide details:

7. **Please list any prescriptive or non-prescriptive medication your son requires and the dosage:**  

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8. Does your son suffer from travel sickness?
   If yes, please provide details: 

   Yes ☐ No ☐

9. Allergies
   If yes, please complete the following:

   ○ Medications ☐ Yes ☐ No Details: ________________________________
   ○ Insects ☐ Yes ☐ No Details: ________________________________
   ○ Nuts ☐ Yes ☐ No Details: ________________________________
   ○ Dairy ☐ Yes ☐ No Details: ________________________________
   ○ Seafood ☐ Yes ☐ No Details: ________________________________
   ○ Other ☐ Yes ☐ No Details: ________________________________

   If you answered yes to any of the above, please complete the following:

   Has your son been hospitalised due to allergies? ☐ Yes ☐ No

   Details: __________________________________________________

   Signs and symptoms of reactions: ________________________________

Dietary Information

1. Does your son have any special dietary requirements?
   If yes, please provide details:

   ○ Vegetarian ☐ Yes ☐ No Details: ________________________________
   ○ Coeliac ☐ Yes ☐ No Details: ________________________________
   ○ Lactose Intolerant ☐ Yes ☐ No Details: ________________________________
   ○ Diabetic ☐ Yes ☐ No Details: ________________________________
   ○ Gluten Free ☐ Yes ☐ No Details: ________________________________
   ○ No Pork ☐ Yes ☐ No Details: ________________________________
   ○ Other ☐ Yes ☐ No Details: ________________________________

   If yes, please provide full details: ____________________________________

   Details: ________________________________________________________________

   Signs and symptoms of reactions: ________________________________
**CAMP PERMISSION FORM - Year 5 Camp**

I give permission for my son to attend the Year 5 Moreton Island Camp from Wednesday 9 February to Friday 11 February 2011.

<table>
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<tr>
<th>Name of Parent / Legal Guardian</th>
<th>Date</th>
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**MEDICATION REQUIREMENTS - Year 5 Camp**

- **Two sets of medication are be taken to Camp** - one for teaching staff and one for the student.
- **Ailment, medicine and dosage should be clearly stated on this tear-off section which is to accompany all medication taken to Camp.**
- **Medication is to be given to the MBBC staff in charge prior to departure.**

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**Ailment:**

**Medicine:**

**Dosage:**