YEAR 6 CAMP 2011

Teachers attending: Miss Cara Ryan
Mr Paul Dack

Dates: Wednesday 9 February to Friday 11 February 2011

Location: Emu Gully Adventure Education Group Inc
Helidon Campus, 17km east of Toowoomba

Emergency numbers:
During school hours: 3906 9444 MBBC Administration
After school hours: 0419 793 628 Assistant Principal

Transport
Travelling by Sunstate Bus
Departing MBBC at: 8:00 am (please arrive by 7.45 am) Wednesday 9 February
Departing Emu Gully at: 1:00 pm on Friday 11 February
Arrive back at MBBC at: 3:00 pm (approx.)

Timeline
date due
Permission form and medical form to be returned to class teacher
\textit{pdf copy of medical and permission form attached.} by Friday 28 January
Ensure forms have been received by class teacher (\textit{diary signed}) by Monday 31 January
Ensure items are purchased for camp - sleeping bag, suitable footwear ideally before 6 February
Pack for camp (\textit{don't forget wet weather gear and warm clothing}) ideally by 7 February
Departure for Camp from MBBC (\textit{don't be late}) 8:00 am on Wed 9 Feb
Return from Camp by 3:00 pm on Fri 11 Feb
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OVERVIEW

Moreton Bay Boys’ College strives to be a leading school that offers its boys an innovative, broadly based educational experience. Our philosophy is built on the foundation of Christian values and aims to develop each boy’s individual abilities, equipping them with the skills necessary to be successful, productive and responsible members of society (MBBC Strategic Plan: 2007—2011)

The developmental program of outdoor education opportunities available to students at Moreton Bay Boys’ College supports the vision and aims of the College. Camp is a wonderful experience for all students and provides opportunities for personal growth and challenges as well as forging new friendships and creating great memories.
YEAR 6 CAMP AIMS

The philosophy at Emu Gully is that your success in life, whether personally or corporately, will be based primarily on your character. That is; “The real you” and the way you handle the circumstances of life, whether they be good or bad.

The development of one's character is measured in the way we handle pressure and difficult circumstances. At Emu Gully, the camp facilitators choose to focus on the core character values displayed by the ANZACS in times of tremendous hardship on the world stage. The character values taught, promoted and reflected upon at Emu Gully include Courage, Mateship, Perseverance and Sacrifice.

The majority of the activities at Emu Gully are framed to provide a simple historical context of epic ANZAC events such as The Western Front, the Siege of Tobruk, The Tunnel Rats of Vietnam, The Bridge over the River Kwai and the Kokoda Track. Each activity confronts participants with the choice to demonstrate and reflect on the character values needed to succeed in the activity, and more importantly in life.

EXPECTATIONS

Students

At all times, students are expected to adhere to the College Code of Conduct. The College has high expectations of the conduct and behaviour of boys whilst on camp and representing the College.

Students are expected to:

- Follow all directions and respect the position of teachers and supervisors in charge of the group.
- Act responsibly at all times whether with the entire group or separated from supervision.
- Follow all regulations and codes specified by the camp facilitators.
- Be respectful, courteous and just to others and to respect property.
- Communicate openly and seek to build and maintain positive relationships with peers, parents and staff.
- Make the most of the educational opportunities offered by the camp experience.

Parent Helpers

Parent helpers are not required for the Year 6 Camp.
ACTIVITIES TO BE UNDERTAKEN ON CAMP

Below is a list of some of the possible activities that may be undertaken during the course of the camp. The selection of activities varies depending on the size and goals of the group, the weather, availability of resources and duration of the program.

The facilitators may adjust the activity or level of difficulty of a certain activity in order to more effectively meet the needs of the group.

Low ropes / Initiative and problem solving activities:
- Chicken Leadership
- The Charge
- No Man's land
- Minefields
- Skippy
- Blanket Volleyball
- Welded ankle
- Floating hoop
- Swinging Log
- Escape from Colditz
- Commando cable crossing

Core ANZAC activities
- Tunnel rats of Vietnam
- Bridge over the River Kwai
- Siege of Tobruk
- Western Front
- Kokoda Track
- Night Walk

Other challenging / elective activities
- Truck Pull
- Rope run
- Skirmish
- Twisters
- Storm the fort
- Rock climbing
- Water activities
EQUIPMENT CHECKLIST AND PACKING LIST

Please note items such as money, radios, mobile phones, aerosols, chewing gum, lollies and electronic games, iPods and MP3 players are NOT to be taken on camp.

Items to be packed (it helps to tick as you pack)

1. sleeping bag or 2 sheets and blanket
2. pillow and pillowcase and pyjamas
3. sets of clothes for outdoor activities (shorts/ T shirts)
4. sets of very old clothes (will get wet and muddy)
5. pair of old closed in shoes (will get wet and muddy)
6. pair of sandshoes for outdoor activities
7. pair of shoes for evening activities
8. strong plastic bags (for storing wet or dirty clothes)
9. set of clothes for evening program
10. jumper + 1 tracksuit pants
Underwear and socks for 3 days
Swimming togs
2 towels for shower and swimming
Thongs for showers
1 soap & container and washer
1 comb/ brush
1 toothpaste/ toothbrush
Shampoo
Sunscreen
1 hat with wide brim
Drink bottle for water
Tissues or handkerchief
Insect repellent
Raincoat
4 pegs (to hang up wet clothes)
Book to read and notebook and pencil

Please ensure all items are clearly marked with your son’s name.
ACCOMMODATION
Accommodation at the Helidon campus, Emu Gully is in dormitory style units. The site has 170 bunk style beds over 7 dormitories. The size of the group accommodation depends on the group, with the largest dormitory sleeping 24.

CATERING
Emu Gully offers a wide and comprehensive menu of three courses plus morning and afternoon tea as well as supper offered each day. A copy of the three day menu is available from the Emu gully website - www.emugully.com.au. Students who have specific dietary requirements can be catered for and should specify their requirements on the attached medical and permission form.

TABLE MANNERS AND ETIQUETTE
- Wait until everyone is seated before you begin to eat.
- Place your napkin on your lap.
- Learn to use a knife and fork correctly.
- Chew with your mouth closed and keep your elbows off the table.
- Don't reach across other people or things. Ask someone to 'please pass' it to you.
- If you don't like what is being served, simply say 'No thank you', but remember that Camp is an opportunity to try new things, and a small serving of new foods is encouraged.
- When you have finished eating, place your utensils on your plate and napkin beside your plate.
- Ask to be excused before you leave the table.
- ‘Seconds’ may be offered, but you will need to be patient and ensure that everyone has enjoyed their meal, then wait to be invited for a second serving.
- Help in clearing the table.
- Learn to make pleasant table conversation.
- Take the time to show your appreciation to those people who prepared the meal.
- If you have time, always offer to help with the washing up!

AT THE END OF CAMP
At Camp
- Be responsible for your belongings.
- Any wet clothing should be packed into plastic bags.
- Help in cleaning the accommodation and account for any lost property.
- Assist others where you can to ensure a prompt departure
- Thank the camp facilitators with a personal comment as to your positive experiences while on camp.
Upon returning to MBBC

- Take the time to personally thank the accompanying staff.
- Ensure you (or your parents) collect any medication from staff prior to leaving College.
- Encourage your son to reflect on his camp experience and share the positive experiences he had.

RISK ASSESSMENT

Operating procedures and Risk Management assessments for activities to be undertaken while on camp can be found at [http://www.emugully.com.au/](http://www.emugully.com.au/)

The teachers will brief the students on any other risks involved (e.g. sun safety, safe bus travel) in preparation for the camp.

![Pictures from Year 6 Camp in 2010](images)
Year 6 Camp Medical and Permission Forms 2011

Student Details

Surname: ___________________________  Given Name: ___________________________

Date of Birth: ___________________________  Year Level/Class: ___________________________

Medicare/Health Insurance

Medicare Number: ___________________________  Position on Card: ___________________________

Doctor Details

Doctor’s Name: ___________________________  Phone number: ___________________________

Medical Centre: ___________________________

Emergency Contacts whilst on Camp

(These can include parents)

1. Name

Relationship to student: ___________________________  Home number: ___________________________

Work number: ___________________________  Mobile number: ___________________________

2. Name

Relationship to student: ___________________________  Home number: ___________________________

Work number: ___________________________  Mobile number: ___________________________

Please complete this medical form and ensure you sign the permission slip on the back page tear-off section.

An Action Plan must be attached to this form if your son requires any medication during Camp. Two sets of medication should be taken to Camp - one for teaching staff and one for the student. Ailment, medicine and dosage should be clearly stated on the tear-off section end of this form which is to accompany all medication taken to Camp.
# Medical Information

Does your son have any of the following? :  

1. **Asthma**  
   
   If yes, please complete the following:

<table>
<thead>
<tr>
<th>Medication/preventer/reliever taken for asthma</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>--</td>
</tr>
<tr>
<td>How often is medication required?</td>
<td></td>
</tr>
<tr>
<td>Please list known triggers:</td>
<td></td>
</tr>
</tbody>
</table>

Does your son have an action plan for asthma?  
   
   If yes, please attach a copy  

2. **Has your son at any time in the past suffered from the following:**  
   
   An anaphylactic reaction  
   * (Emergency situation - severe breathing difficulties, localised swelling of body)  

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<thead>
<tr>
<th>Yes</th>
<th>No</th>
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</table>

A systemic reaction  

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<thead>
<tr>
<th>Yes</th>
<th>No</th>
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A localised reaction (rash/itching/swelling)  

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<tr>
<th>Yes</th>
<th>No</th>
</tr>
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</table>

Does your son require adrenalin (EpiPen) for his allergy?  

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<thead>
<tr>
<th>Yes</th>
<th>No</th>
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</thead>
</table>

What other medication, if any, does your son take for the prevention or management of his allergic reaction?  

3. **Does your son have diabetes?**  

   If yes, please provide details and attach a management plan  

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4. **Does your son have epilepsy?**  

   If yes, please provide details and attach a management plan  

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5. **Has your son had any recent illnesses, operations or serious accidents?**  

   If yes, please provide details:  

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6. **Does your son have any other medical condition?**  

   If yes, please provide details:  

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</thead>
</table>

7. **Please list any prescriptive or non-prescriptive medication your son requires and the dosage:**  

<table>
<thead>
<tr>
<th>medication</th>
<th>dosage</th>
</tr>
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<tbody>
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</tbody>
</table>
8. Does your son suffer from travel sickness?
   If yes, please provide details: __________________________
   Yes  No

9. Allergies
   If yes, please complete the following:
   Yes  No
   
   - Medications  Yes  No  Details: __________________________
   - Insects  Yes  No  Details: __________________________
   - Nuts  Yes  No  Details: __________________________
   - Dairy  Yes  No  Details: __________________________
   - Seafood  Yes  No  Details: __________________________
   - Other  Yes  No  Details: __________________________

   If you answered yes to any of the above, please complete the following:
   Has your son been hospitalised due to allergies?
   Yes  No
   Details: __________________________

   Signs and symptoms of reactions:
   __________________________

Dietary Information

1. Does your son have any special dietary requirements?
   If yes, please provide details:
   Yes  No
   
   - Vegetarian  Yes  No  Details: __________________________
   - Coeliac  Yes  No  Details: __________________________
   - Lactose Intolerant  Yes  No  Details: __________________________
   - Diabetic  Yes  No  Details: __________________________
   - Gluten Free  Yes  No  Details: __________________________
   - No Pork  Yes  No  Details: __________________________
   - Other  Yes  No  Details: __________________________

   If yes, please provide full details: __________________________
CAMP PERMISSION FORM - Year 6 Camp

I give permission for my son to attend the Year 6 camp to Emu Gully for 3 days and 2 nights from Wednesday 9 February to Friday 11 February 2011.

Signature of Parent / Legal Guardian

Name of Parent / Legal Guardian

MEDICATION REQUIREMENTS - Year 6 Camp

- Two sets of medication are be taken to Camp - one for teaching staff and one for the student.
- Ailment, medicine and dosage should be clearly stated on this tear-off section which is to accompany all medication taken to Camp.
- Medication is to be given to the MBBC staff in charge prior to departure.

Surname

Given Name

Date of Birth

Year Level/Class

Ailment:

Medicine:

Dosage: