Parenting teenagers today is a tough challenge. It takes purpose, creativity, determination and patience – and some practical advice from those “in the know”.

Award winning educator, counsellor, researcher, mentor and speaker, Dr Jeff Kemp, has spent 30 years helping parents raise their children through the turbulent teenage years. This wealth of experience, together with a good dose of compassion and enthusiasm, has enabled Dr Kemp to produce great results with troubled teens.

*Be a Parent Not a Pal* is his highly inspirational and practical book full of sage advice, including dozens of real-life teen scenarios and action plans to deal with them.

Join us for what promises to be an enlightening evening, in which Dr Kemp will help you gain the skills and confidence to effectively parent your teenagers on their journey into adulthood.

Dr Kemp’s presentation will be followed by questions and answers as well as book signing. *Be a Parent Not a Pal* can be purchased on the night for $24.95, with 10% of proceeds going to the MBBC Library.

**Presentation topics include:**
- Being a parent :: Being a teenager :: Parenting a teenager
- Teen topics – friends :: body image :: self esteem :: sexuality
- :: technology :: depression/suicide :: drugs and alcohol
- :: teen scenes and action plans

**Date:** Tuesday 14 September 2010  
**Time:** 7.00 pm – 8.00 pm  
**Place:** Moreton Bay Boys’ College Lecture Theatre  
**Cost:** FREE  
**RSVP:** Friday 10 September to Ms Louise Seddon  
Personal Assistant to the Principal  
on seddonl@mbbc.qld.edu.au  
or on 07 3906 9402  

Co hosted by TLC BOOKS

Need help

riding the parenting rollercoaster?

Join us for a presentation on how to BE A PARENT NOT A PAL, by Dr Jeff Kemp