Your Teenager and Alcohol

Who is Project SHIELD for?

- Parents of 13-16 year olds
- Not suited for teens with established alcohol problems

Want more information?

Ring (07) 3346 4833 or email projectshield@uq.edu.au

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Teen Alcohol Fact 4

Parents have a crucial impact on teenage alcohol use.

Protect your adolescent from alcohol related harm.
Teenage drinking: An important issue for all parents

- Drinking is common among teenagers
- Risky situations are almost inevitable
- Plan now to protect your teenager

**Project SHIELD - What is it?**

A chance for parents to consider and plan for future alcohol related risks

**Teen Alcohol Fact 1**

More than a quarter of teenagers drink at risky levels

**Teen Alcohol Fact 2**

Girls engage in heavy drinking more than boys

**Teen Alcohol Fact 3**

Drinking alcohol can be a gateway to other drug use

**What does Project SHIELD involve?**

- An initial call to check that Project SHIELD is right for you
- A 1 hour confidential session with a registered psychologist
- We will provide you with information developed for parents regarding alcohol and drugs

**Where are the sessions?**

- We can come to visit you, you can come to visit us or we can do a phone consultation