YEAR 3 CAMP 2015

Teachers attending:  Mrs Sullivan
                     Miss Andersen

Dates:  Thursday 27 and Friday 28 August 2015

Location:  Kindilan Outdoor Education and Conference Centre
           Corner of Days and German Church Roads, Redland Bay, Qld. 4165

Emergency numbers:
During school hours:  3906 9443  MBBC Student Reception
After school hours:   0410 605970  Mr Joel Wekkes

Transport
Travelling by Mt Gravatt Coaches
Departing MBBC at:  8.30 am Thursday 27 August (please be at school by 8.00 am)
Departing Camp at:  1.15pm Friday 28 August
Arrive back at MBBC at:  2.30pm Friday 28 August

Timeline

Permission form and medical form to be returned to teacher


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OVERVIEW

Moreton Bay Boys’ College strives to be a leading school that offers its boys an innovative, broadly based educational experience. Our philosophy is built on the foundation of Christian values and aims to develop each boy’s individual abilities, equipping them with the skills necessary to be successful, productive and responsible members of society.

The developmental program of outdoor education opportunities available to students at Moreton Bay Boys’ College supports the vision and aims of the College. Camp is a wonderful experience for all students and provides opportunities for personal growth and challenges as well as forging new friendships and creating great memories.
YEAR 3 CAMP AIMS

Kindilan is an aboriginal word meaning “place of joy”. Here at Kindilan Outdoor Education and Conference Centre, ‘joy’ is certainly the underlying spirit of everything we do.

Kindilan provides quality programs and services, and you can really feel how well our people enjoy their work and being there for all of our clients. This atmosphere is often commented upon by visitors to the centre, and so we have tried to summarise it into a Kindilan philosophy. This philosophy stems from our manager's embedded positive nature and is actively driven by the team and incorporated into our professional approach.

Kindilan Philosophy

We’d like to share our secret of success and joy with you:

1. Work made fun gets done! So our people have fun, and the sound of laughter and enjoyment reverberates anywhere where Kindilan staff can be found! As taken from a famous quote (source unknown), "We don't stop laughing because we get old; we get old because we stop laughing!" Kindilan embraces laughter and fun.

2. We aim everyday to make someone’s day (or moment) through a small act of kindness or a memorable interaction. It’s our commitment to all our clients and to ourselves. It makes us all feel like better citizens and passes a warm fuzzy feeling around us all. It’s like passing on a smile or stopping before we go home to make sure all guests are comfortable and well settled into camp.

3. The glue in humanity is in being fully present for one another. We commit to being fully there for others when asked, and no task is done half-heartedly. We take time for each and every individual who is around us.

4. We amplify a positive attitude. Life’s hang-ups are left outside the front gates! We remind ourselves everyday that we choose our attitude. Kindilan chooses a helpful, co-operative and positive attitude. With choosing our attitudes and responses to what life brings, we can look for the best and find opportunities we never imagined possible.

Kindilan Values

This philosophy is underpinned by the following values, evident in the workplace and in the delivery of our services:

- Respecting our doorsteps and our shared backyards
- Pioneering spirituality (within self, social interaction and environment)
- Empowering individuals to make choices
- Self directed learning: a ‘coaching’ culture
- Adventure: the uncertainty of outcomes
- Recreational succession
- Risk management and safe practice
- Partnering with clients.
EXPECTATIONS

Students
At all times, students are expected to adhere to the College Code of Conduct. The College has high expectations of the conduct and behaviour of boys whilst on camp and representing the College.

Students are expected to:

- Follow all directions and respect the position of teachers and supervisors in charge of the group.
- Act responsibly at all times whether with the entire group or separated from supervision.
- Follow all regulations and codes specified by the camp facilitators.
- Be respectful, courteous and just to others and to respect property.
- Communicate openly and seek to build and maintain positive relationships with peers, parents and staff.
- Make the most of the educational opportunities offered by the camp experience.

Parent Helpers
No Parent helpers are required on the Year 3 camp.

ACTIVITIES TO BE UNDERTAKEN ON CAMP
The boys will follow a specially developed program, and the activities below will be undertaken during the course of the camp:

- cooking damper
- canoeing
- orienteering
- low ropes course
- Challenge course
- Environmental activities
- Other water activities.

The selected activities depend upon the weather. The Kindilan facilitators may adjust the activity or level of difficulty of a certain activity in order to more effectively meet the needs of the group.
ACCOMMODATION

Accommodation for the boys whilst they are at Kindilan will be in the Round Houses which has rooms of two beds per room. Students have bunks (single low level beds not bunk beds), and all are required to bring their own bedding with them which should be a sleeping bag and pillow with pillowcase. Blankets may also be taken.

CATERING

An extensive and comprehensive menu that is nourishing, satisfying and using mainly fresh produce is offered by the camp facilitators. The menu offers three meals a day with morning and afternoon tea and supper also included.

Each group is responsible for providing a duty group to assist at meal times and snack times. Adult supervision is given at meal times to school aged children and boys will be expected to assist with the preparation of meals/snacks during their stay.

Whilst students help with the preparation and serving of food, they are not required to wash up, this duty is carried out by the centre staff.

Please note: All students will dietary requirements; lactose, seafood and gluten intolerance, vegetarians and diabetics must ensure they fully complete the attached dietary requirements forms.

RISK ASSESSMENT

Operating procedures and Risk Management assessments for activities to be undertaken while on camp can be found at http://www.kindilan.net.au/

The teachers will brief the students on any other risks involved (e.g. sun safety, safe bus travel) in preparation for the camp.
EQUIPMENT CHECKLIST AND PACKING LIST

Please note items such as money, radios, mobile phones, aerosols, chewing gum, lollies and electronic games, iPods and MP3 players are NOT to be taken on camp. If you are unsure if a particular item can be taken, please check with your class teacher.

Please ensure all items are clearly marked with your son’s name.

<table>
<thead>
<tr>
<th>Items to be packed</th>
<th></th>
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<tbody>
<tr>
<td><strong>General</strong></td>
<td></td>
</tr>
<tr>
<td>Sleeping bag or 2 sheets and blanket</td>
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<tr>
<td>Pillow and pillowcase and single sheet</td>
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<tr>
<td>toothpaste/toothbrush and soap</td>
<td></td>
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<tr>
<td>Towel and face washer</td>
<td></td>
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<tr>
<td>Camera (optional)</td>
<td></td>
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<tr>
<td>3 plastic bags (for storing wet or dirty clothes)</td>
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</tr>
<tr>
<td>Underwear and socks</td>
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<tr>
<td>Pyjama’s</td>
<td></td>
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<tr>
<td>Hat with brim (not a cap – MBBC broad brimmed hat is ideal)</td>
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<tr>
<td>2 Long sleeve pullover/jumper (for general and outdoor activities)</td>
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<tr>
<td>2 Comfortable pants/long shorts (for general and outdoor activities)</td>
<td></td>
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<tr>
<td>2 t-shirts with sleeves (for general and outdoor activities)</td>
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<tr>
<td>1 pair of closed in shoes and socks (for general and outdoor activities)</td>
<td></td>
</tr>
<tr>
<td>torch</td>
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<tr>
<td><strong>Outdoor Activities:</strong> Sunscreen</td>
<td></td>
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<tr>
<td>Comfortable pants/long shorts</td>
<td></td>
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<tr>
<td>Water bottle</td>
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<tr>
<td>Waterproof jacket</td>
<td></td>
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<tr>
<td>Insect repellent</td>
<td></td>
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<tr>
<td><strong>Kayaking:</strong> Bathers/togs</td>
<td></td>
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<tr>
<td>Spare pair of sandshoes that can get wet</td>
<td></td>
</tr>
<tr>
<td>Sun shirt or t-shirt with sleeves</td>
<td></td>
</tr>
<tr>
<td>shorts</td>
<td></td>
</tr>
<tr>
<td>Hat with brim which will get wet</td>
<td></td>
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</tbody>
</table>

Please tick items when packed. All items must be clearly marked with student’s name.

Do NOT pack any valuables, money, music players, portable game consoles, mobile phones. Items such as sweets, chips and soft drink are not required on camp.

All medicines are to be clearly marked with the students’ name and should clearly state the required dose.

All medicines will be collected and distributed as required by staff.
TABLE MANNERS AND ETIQUETTE

- If you are part of the group preparing the meal or snack, listen to instructions given and be aware of your surrounding and be careful around the preparation area/kitchen.
- Wait until everyone is seated before you begin to eat.
- Place your napkin on your lap.
- Learn to use a knife and fork correctly.
- Chew with your mouth closed and keep your elbows off the table.
- Don’t reach across other people or things. Ask someone to ‘please pass’ it to you.
- If you don’t like what is being served, simply say ‘No thank you’, but remember that Camp is an opportunity to try new things, and a small serving of new foods is encouraged.
- When you have finished eating, place your utensils on your plate and napkin beside your plate.
- Ask to be excused before you leave the table.
- ‘Seconds’ may be offered, but you will need to be patient and ensure that everyone has enjoyed their meal, then wait to be invited for a second serving.
- Help in clearing the table.
- Learn to make pleasant table conversation.
- Take the time to show your appreciation to those people that prepared the meal.

AT THE END OF CAMP

At Camp

- Be responsible for your belongings.
- Any wet clothing should be packed into plastic bags.
- Help in cleaning the accommodation and account for any lost property.
- Assist other where you can to ensure the accommodation is clean and the group departs promptly
- Thank the camp facilitators with a personal comment as to your positive experiences while on camp.

Upon returning to MBBC

- Take the time to personally thank the accompanying staff.
- Ensure you (your parents) collect any medication from staff prior to leaving the College at the end of Camp.
- Parents should encourage their son to reflect on his camp experience and share the positive experiences he had.